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# Press Release Distribution Report

February 1, 2026

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Distribution Report

Mens Network Appoints Global Advisory Board to Tackle Male Isolation and Connect One Million Men by 2028

Date Submitted: 2026-02-01

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## Your Submitted Press Release

**Singapore, 2nd Feb 2026 - Mens Network**, the global hub connecting men's communities, coaches, and organisations, has announced the formation of its inaugural Advisory Board. Selected from the **Veblen Director Programme**, these five distinguished leaders bring expertise in psychology, governance, innovation, and inclusion. Their appointment marks a critical step in the company's mission to combat male isolation by helping one million men access high-impact support environments by 2028.

"I feel deeply grateful and energised by the formation of the Mens Network Advisory Board. Their collective wisdom and commitment give me real confidence as we tackle male isolation and work towards helping one million men access high-impact environments by 2028," said **Paul Spallini**, Founder & CEO of Mens Network.

### Appointed Advisory Board Members

**Dr Sundardas Dharmadas Annamalay - Chair of the Board**, a pioneer in psychosomatic science and governance with 30 years of experience, Dr Sundardas focuses his leadership on the intersection of resilience and mental health innovation.

*"I am committed to applying psychosomatic science to significantly improve men's emotional resilience in these challenging times."*

**Michael Lobban – Board Advisor**, with a background in the Royal Air Force and global medical tech, Michael specialises in scaling education ecosystems and operational discipline.

*"My focus is creating the structural efficiency required to make these vital connections accessible to men globally."*

**Jane Ayaduray – Board Advisor**, an expert in Diversity, Equity, and Inclusion (DEI), Jane partners with leadership teams to embed inclusive practices that strengthen organisational culture.

*"Belonging is fundamental; my priority is ensuring Mens Network fosters inclusive spaces where every man feels he has a place."*

**Nabil Abou-Rahme – Board Advisor**, former Chief Research Officer and strategic decision support advisor, Nabil specialises in guiding responsible innovation and high-stakes decision-making.

*"Technology must bridge gaps, so I will guide the platform's innovative direction to promote genuine, real-world human connection."*

**Santanu Sengupta – Board Advisor**, a global banking executive with over three decades of leadership experience, brings deep expertise in strategy, governance, capital stewardship, ESG, and enterprise-level risk management.

*"My focus will be on strengthening governance, capital strategy and fundraising, while ensuring robust oversight of responsible AI deployment to enable sustainable, measurable social impact."*

The Advisory Board unites diverse perspectives to support Mens Network as it scales. By combining strategic governance with deep psychological and social insights, the board equips the organisation to simplify the discovery of men's groups, ensuring that support, friendship, and purpose are accessible to all.

### **About Mens Network**

Mens Network is a "community of communities," designed to aggregate and elevate existing men's groups, coaches, and organisations. By making these resources easier to discover, the platform connects individuals with local and online groups that align with their needs and values—from talking circles and sports clubs to practical skill-building workshops. Mens Network simplifies connection so men can focus on what matters: belonging, growth, and purpose.

Learn more at: [mensnetwork.global](https://mensnetwork.global)


### **About the Veblen Director Programme**

The Veblen Director Programme empowers executives and professionals with the skills and knowledge to excel in board and advisory roles. Through training, education, and a global network of skilled board members, Veblen supports organisations in navigating complex challenges, driving sustainable growth, and building impactful leadership teams.

Learn more at: [www.veblendirectors.com](https://www.veblendirectors.com)

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