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Press Release Distribution Report

October 23, 2025

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Distribution Report

Dr Manjula Muppu Elevating Geriatric Care Across California with Stanford Excellence

Date Submitted: 2025-10-23

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Your Submitted Press Release

United States, 23rd Oct 2025 - In today's healthcare landscape—where the needs of our aging population demand the highest levels of clinical acumen, emotional intelligence, and operational leadership—Dr. Manjula Muppu stands out as a transformative force. As a physician anchored in the values of excellence, compassion, and innovation, she is uniquely positioned to lead a movement to elevate the reputation and delivery of care within skilled nursing facilities across California.

A Track Record of Excellence and Leadership

Board-certified in Family Medicine and widely respected for her hospitalist experience, Dr. Muppu blends rigorous clinical standards with a human-centered approach. Her affiliation with **Stanford Health Care – Tri-Valley** underscores a commitment to top-tier, evidence-based medicine—pairing academic rigor with community impact. Colleagues describe her leadership style as calm, precise, and deeply empathetic, reflecting a rare balance of IQ and EQ that sets the tone for the teams she leads.

Champion for Skilled Nursing & Geriatric Excellence

Recognizing that the next decades will place increasing demand on skilled nursing and transitional settings, Dr. Muppu is spearheading a statewide effort to raise standards and outcomes for older adults.

- **Empowering Advanced Practice Providers (APPs):** She mentors NPs and PAs to practice at the top of their license, strengthening interdisciplinary coordination and continuity of care.
- **Geriatric-first mindset:** Her programs center dignity, preferences, and goals of care—reframing skilled nursing from “maintenance” to meaningful recovery and quality of life.
- **Reputation elevation:** By aligning operations, communication, and quality metrics with Stanford-level expectations, she helps facilities earn trust from families, payors, and peers.
- **Quality and innovation:** From readmission reduction to better functional outcomes, she implements data-driven protocols and rapid feedback loops that translate bedside insights into system-level improvements.

A Leader Who Sets the Standard

What distinguishes Dr. Muppu is not only her clinical mastery, but her capacity to build cultures where people thrive. She listens as intently as she analyzes, invites collaboration without diluting accountability, and consistently turns complex challenges into clear, doable plans. In an era defined by workforce strain and rising acuity, her programs are proof that great medicine and great humanity can—and must—coexist.

Closing

California's seniors deserve care that is skilled, coordinated, and deeply respectful. Under Dr. Manjula Muppu's leadership—and with the stewardship of the Stanford tradition—skilled nursing facilities are moving beyond the status quo to a higher standard of excellence. Her work is a reminder that when expertise meets empathy, better outcomes follow—and so does a reputation worthy of the generation we serve.

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